

TRI DELTA

NATIONAL CAMPUS SAFETY AWARENESS MONTH (NCSAM) ACTIVITY CALENDAR

What will you do for National Campus Safety Awareness Month (NCSAM)?

This calendar was created as a resource to help you plan the actions you can take to promote safety and harm reduction in your chapter and campus community. Each week has a focus: Brave, Bold, Kind and National Hazing Prevention Week (NHPW).

Challenge yourself to make a difference in your chapter and campus community by taking at least one action each week.

SEPTEMBER

NATIONAL CAMPUS SAFETY AWARENESS MONTH (NCSAM)

BRAVE WEEK

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Sept. 1-5			Show your commitment to keeping yourself and others safe from the spread of COVID-19 and us Tri Delta's profile frame on Facebook .	Sign this pledge to show your commitment to campus safety and harm reduction!	Host a virtual Behind Happy Faces lesson with your chapter to create a space to engage in self-reflection and support your sisters in their mental health journeys.	Connect with your sisters and provide them with the contact information for your campus' mental/health services – a comprehensive list can be found here!	Take time to learn about consent. Participate in the Clarifying Consent Program, available on LEADDDer.org .

BRAVE WEEK

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Sept. 6-12	Share this video on OmegaOne, or at a chapter meeting. Discuss how you can share your story of being brave, bold and kind.	Lead a discussion on the important topics of sexual harassment and stalking. Host the workshops available on LEADDDer.org under the Sexual Assault Education section.	Create your Prevention Plan with your chapter officers and discuss ways to mitigate risks at this terms chapter events – making special considerations for events during COVID-19 .	Take a stand! Discuss how you can prevent unsafe behavior on campus with your NPC sisters. What changes do you want to see on campus?	Share your talents with us! Do you have a talent and want to help your sisters learn a new skill? Share it with us at events@trideltao.org to get featured on our Stay ConnectDDD page		Plan an alcohol-free virtual sisterhood event for your chapter to engage in! Make sure to tag us in a post about your event @TriDelta on Twitter and Instagram .

KIND WEEK

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Sept. 13-19	Be kind to yourself. Write yourself a letter to read in at the end of the semester or year. What do you love about who you are today? What are you proud of?	Make sure to take care of yourself during this time of heightened emotions and distress. One place to start is by reflecting on this self-compassion exercise .	Use this time to support a local/national charity or movement! Remember, you don't have to donate money to make a difference!	Join the Clery Center as they discuss how intersectionality plays a role in their ability to deliver culturally-safe and equity-informed services.	Check in and show up for your sisters. Utilize the Y-A-R approach , created by Active Minds . Click here to learn more.	Demonstrate your commitment to keeping yourself, your sisters and your communities healthy and safe from the spread of COVID-19. Abide by all health and safety directives and encourage your sisters of follow all campus guidelines.	

NHPW

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Sept. 20-26	Participate in the " Love, Mom & Dad " presentation at 7:00 p.m. ET with the Anti-Hazing Coalition and hear the AHC parents share their sons' stories.	Nominate a brave and bold sister for the Hank Nuwer Anti-Hazing Hero Award! Learn more about the award and how to submit a nomination here .	Participate in your campus' National Hazing Prevention Week (NHPW) activities. If your campus does not participate, discuss ways to lead NHPW activities for your campus in the future.	Share this image with your chapter members and your community via social media to provide a memorable four-step process to tackling hazing in your community!	Start a new tradition! Organize a positive team building activity with new and initiated members. Click here for a list of ideas!	Continue your advocacy efforts! Hazing prevention doesn't have to stop here. Use this map to research the hazing laws in your state and contact your state legislators.	